

Richtzeiten für Schuljahr 2023/2024:

weiblich	05-07	08/09	10	11	12	13	14	15	16
25 S-Beine								0:36,00	0:38,00
25 S								0:30,00	0:32,00
50 S-Beine					1:03,00	1:08,00	1:10,00	1:13,00	1:16,00
50 S	0:40,00	0:41,00	0:42,00	0:43,00	0:45,00	0:48,00	0:51,00	0:56,00	
100 S	1:32,00	1:40,00	1:45,00	1:50,00	1:55,00	2:00,00	2:05,00		
200 S	3:15,00	3:25,00	3:40,00	3:50,00	4:00,00	4:10,00			
25 R-Beine								0:35,00	0:37,00
25 R								0:31,00	0:33,00
50 R-Beine					1:01,00	1:06,00	1:08,00	1:11,00	1:14,00
50 R	0:41,00	0:42,00	0:43,00	0:44,00	0:46,00	0:49,00	0:54,00	0:58,00	1:01,00
100 R	1:32,00	1:34,00	1:36,00	1:39,00	1:42,00	1:45,00	1:55,00	2:05,00	
200 R	3:10,00	3:18,00	3:25,00	3:30,00	3:36,00	3:43,00	4:05,00		
25 B-Beine								0:37,00	0:39,00
25 B								0:33,00	0:35,00
50 B-Beine					1:04,00	1:09,00	1:12,00	1:14,00	1:17,00
50 B	0:46,00	0:47,00	0:48,00	0:50,00	0:52,00	0:54,00	0:58,00	1:03,00	1:06,00
100 B	1:38,00	1:43,00	1:46,00	1:50,00	1:55,00	2:00,00	2:05,00	2:19,00	
200 B	3:25,00	3:35,00	3:40,00	3:43,00	3:55,00	4:05,00	4:25,00		
25 F-Beine								0:34,00	0:36,00
25 F								0:28,00	0:30,00
50 F-Beine					0:58,00	1:03,00	1:06,00	1:09,00	1:12,00
50 F	0:36,00	0:37,00	0:38,00	0:40,00	0:42,00	0:45,00	0:48,00	0:51,00	0:54,00
100 F	1:20,00	1:22,00	1:23,00	1:25,00	1:30,00	1:35,00	1:44,00	1:52,00	
200 F	2:50,00	3:00,00	3:05,00	3:10,00	3:16,00	3:25,00	3:40,00		
100 L							1:57,00	2:07,00	
200 L	3:10,00	3:18,00	3:24,00	3:28,00	3:35,00	3:45,00	4:05,00		

männlich	05	06/07	08	09	10	11	12	13	14	15	16
25 S-Beine										0:36,00	0:38,00
25 S										0:30,00	0:32,00
50 S-Beine							1:03,00	1:08,00	1:10,00	1:13,00	1:16,00
50 S	0:37,00	0:38,00	0:39,00	0:40,00	0:41,00	0:43,00	0:45,00	0:48,00	0:51,00	0:56,00	
100 S	1:22,00	1:25,00	1:27,00	1:30,00	1:34,00	1:38,00	1:44,00	1:49,00	1:53,00		
200 S	3:00,00	3:04,00	3:08,00	3:12,00	3:16,00	3:25,00	3:40,00	3:50,00			
25 R-Beine										0:35,00	0:37,00
25 R										0:31,00	0:33,00
50 R-Beine							1:01,00	1:06,00	1:08,00	1:11,00	1:14,00
50 R	0:39,00	0:40,00	0:41,00	0:42,00	0:43,50	0:45,00	0:47,00	0:49,00	0:53,00	0:58,00	1:01,00
100 R	1:22,00	1:25,00	1:27,00	1:30,00	1:33,00	1:36,00	1:42,00	1:45,00	1:54,00	2:05,00	
200 R	3:00,00	3:04,00	3:07,00	3:10,00	3:14,00	3:18,00	3:28,00	3:43,00	4:01,00		
25 B-Beine										0:37,00	0:39,00
25 B										0:33,00	0:35,00
50 B-Beine							1:04,00	1:09,00	1:12,00	1:14,00	1:17,00
50 B	0:43,00	0:44,00	0:45,00	0:46,00	0:47,00	0:48,00	0:51,00	0:53,00	0:58,00	1:03,00	1:06,00
100 B	1:33,00	1:37,00	1:39,00	1:40,50	1:43,00	1:46,00	1:56,00	2:00,00	2:05,00	2:19,00	
200 B	3:19,00	3:23,00	3:26,00	3:29,00	3:32,00	3:36,00	4:00,00	4:05,00	4:25,00		
25 F-Beine										0:34,00	0:36,00
25 F										0:28,00	0:30,00
50 F-Beine							0:58,00	1:03,00	1:06,00	1:09,00	1:12,00
50 F	0:33,50	0:34,50	0:35,50	0:37,00	0:38,00	0:39,00	0:42,00	0:45,00	0:48,00	0:51,00	0:54,00
100 F	1:13,00	1:15,00	1:15,00	1:16,00	1:18,00	1:20,00	1:26,00	1:34,00	1:43,00	1:51,00	
200 F	2:37,00	2:40,00	2:42,00	2:50,00	2:55,00	3:00,00	3:08,00	3:25,00	3:40,00		
100 L									1:57,00	2:07,00	
200 L	3:00,00	3:04,00	3:07,00	3:10,00	3:14,00	3:18,00	3:26,00	3:42,00	4:03,00		

Richtzeiten für Schuljahr 2023/2024:

weiblich	AK 20	AK 25	AK 30	AK 35	AK 40	AK 45	AK 50	AK 55	AK 60	AK 65	AK 70	AK 75
25 S	0:17,0	0:17,5	0:18,5	0:19,0	0:20,0	0:21,0	0:22,0	0:24,0	0:28,0	0:30,5	0:33,0	0:38,0
50 S	0:38,0	0:39,0	0:41,0	0:42,0	0:44,0	0:46,0	0:48,0	0:52,0	1:00,0	1:05,0	1:10,0	1:20,0
100 S	1:28,0	1:30,0	1:34,0	1:37,0	1:42,0	1:48,0	1:55,0	2:05,0	2:20,0	2:25,0	2:40,0	2:55,0
200 S	3:15,0	3:25,0	3:30,0	3:45,0	4:10,0	4:20,0	4:35,0	4:45,0	5:10,0	5:25,0	5:45,0	6:05,0
25 R	0:19,5	0:20,0	0:21,0	0:22,0	0:22,5	0:24,0	0:25,0	0:26,5	0:28,0	0:30,0	0:31,5	0:35,5
50 R	0:43,0	0:44,0	0:46,0	0:48,0	0:49,0	0:52,0	0:54,0	0:57,0	1:00,0	1:04,0	1:07,0	1:15,0
100 R	1:25,0	1:30,0	1:35,0	1:40,0	1:45,0	1:50,0	1:55,0	2:05,0	2:10,0	2:20,0	2:25,0	2:40,0
200 R	3:10,0	3:15,0	3:25,0	3:35,0	3:45,0	4:10,0	4:20,0	4:30,0	4:50,0	5:05,0	5:20,0	5:50,0
25 B	0:20,5	0:21,0	0:21,5	0:23,0	0:24,0	0:25,0	0:26,0	0:27,5	0:29,5	0:34,5	0:35,5	0:40,5
50 B	0:45,0	0:46,0	0:47,0	0:50,0	0:52,0	0:54,0	0:56,0	0:59,0	1:03,0	1:13,0	1:15,0	1:25,0
100 B	1:35,0	1:38,0	1:43,0	1:48,0	1:51,0	1:54,0	1:58,0	2:05,0	2:10,0	2:25,0	2:35,0	2:45,0
200 B	3:35,0	3:40,0	3:45,0	3:50,0	4:00,0	4:15,0	4:25,0	4:35,0	4:45,0	5:00,0	5:20,0	5:40,0
25 F	0:16,0	0:16,3	0:16,8	0:17,5	0:18,5	0:19,5	0:20,5	0:21,0	0:23,0	0:25,5	0:28,0	0:33,0
50 F	0:36,0	0:36,5	0:37,5	0:39,0	0:41,0	0:43,0	0:45,0	0:48,0	0:50,0	0:55,0	1:00,0	1:10,0
100 F	1:17,0	1:19,0	1:23,0	1:24,5	1:27,0	1:30,0	1:35,0	1:45,0	1:52,0	1:58,0	2:05,0	2:20,0
200 F	2:50,0	2:54,0	3:00,0	3:03,0	3:10,0	3:15,0	3:20,0	3:45,0	4:15,0	4:20,0	4:30,0	5:05,0
100 L	1:26,0	1:29,0	1:33,0	1:37,0	1:41,0	1:45,0	1:50,0	2:00,0	2:08,0	2:17,0	2:26,0	2:40,0
200 L	3:05,0	3:15,0	3:20,0	3:25,0	3:32,0	3:40,0	3:55,0	4:10,0	4:20,0	4:35,0	5:00,0	5:10,0

männlich	AK 20	AK 25	AK 30	AK 35	AK 40	AK 45	AK 50	AK 55	AK 60	AK 65	AK 70	AK 75
25 S	0:15,0	0:15,5	0:16,0	0:16,5	0:17,0	0:17,5	0:18,5	0:19,5	0:22,5	0:23,5	0:25,5	0:29,0
50 S	0:34,0	0:35,0	0:36,0	0:37,0	0:38,0	0:39,0	0:41,0	0:43,0	0:49,0	0:51,0	0:55,0	1:02,0
100 S	1:17,0	1:19,0	1:22,0	1:26,0	1:29,0	1:32,0	1:40,0	1:50,0	1:55,0	2:05,0	2:15,0	2:25,0
200 S	2:55,0	3:00,0	3:05,0	3:15,0	3:20,0	3:35,0	3:45,0	3:55,0	4:15,0	4:40,0	5:05,0	5:20,0
25R	0:16,5	0:17,5	0:18,5	0:19,5	0:20,5	0:21,5	0:22,5	0:23,5	0:25,0	0:26,0	0:28,5	0:30,5
50 R	0:37,0	0:39,0	0:41,0	0:43,0	0:45,0	0:47,0	0:49,0	0:51,0	0:54,0	0:56,0	1:01,0	1:05,0
100 R	1:20,0	1:22,0	1:26,0	1:30,0	1:35,0	1:38,0	1:40,0	1:46,0	1:49,0	1:50,0	2:00,0	2:10,0
200 R	3:00,0	3:05,0	3:10,0	3:15,0	3:20,0	3:30,0	3:35,0	3:55,0	4:15,0	4:35,0	4:40,0	4:55,0
25 B	0:17,8	0:18,3	0:18,5	0:19,0	0:20,0	0:21,0	0:22,0	0:23,0	0:24,5	0:25,5	0:28,0	0:30,5
50 B	0:39,5	0:40,5	0:41,0	0:42,0	0:44,0	0:46,0	0:48,0	0:50,0	0:53,0	0:55,0	1:00,0	1:05,0
100 B	1:26,0	1:29,0	1:32,0	1:35,0	1:40,0	1:44,0	1:48,0	1:51,0	1:55,0	2:00,0	2:05,0	2:15,0
200 B	3:20,0	3:25,0	3:30,0	3:35,0	3:40,0	3:45,0	3:55,0	4:00,0	4:10,0	4:20,0	4:25,0	4:35,0
25 F	0:13,8	0:14,0	0:14,3	0:15,0	0:15,8	0:16,3	0:16,5	0:17,8	0:18,8	0:19,5	0:20,5	0:23,0
50 F	0:31,5	0:32,0	0:32,5	0:34,0	0:35,5	0:36,5	0:37,0	0:39,5	0:41,5	0:43,0	0:45,0	0:50,0
100 F	1:10,0	1:12,0	1:14,0	1:16,0	1:20,0	1:24,0	1:28,0	1:30,0	1:34,0	1:38,0	1:45,0	1:55,0
200 F	2:35,0	2:40,0	2:45,0	2:50,0	2:55,0	3:00,0	3:10,0	3:15,0	3:20,0	3:35,0	3:45,0	4:10,0
100 L	1:18,0	1:20,0	1:23,0	1:26,0	1:31,0	1:34,0	1:39,0	1:44,0	1:48,0	1:53,0	2:01,0	2:11,0
200 L	2:50,0	2:55,0	3:00,0	3:05,0	3:10,0	3:15,0	3:20,0	3:30,0	3:40,0	3:55,0	4:20,0	4:40,0